



CORNWELL FARM BRINGS LIFT ME UP! GOOD LUCK!

For immediate release:

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Thankfully a beautiful warm spring day set the backdrop for a successful day of tours of Cornwell Farm on March 8th. The tours of the historic home and grounds generated over \$3000 for Lift Me Up's "Good Fences" project. The Lift Me Up! door prize was won by Janice Thrush of Great Falls. Ms. Thrush won a "Winner's Circle Package" from Lift Me Up! which includes a section of fence, a copy of Secretariat's Meadow, a Lift Me Up! hat/t-shirt and a Lift Me Up! calendar, a \$200 value. Thank you to all 160 guests who visited the farm and helped Lift Me Up!

Visitors enjoyed meeting Carolyn Miller, a descendant of the Cornwell Family, and Great Falls Historical Society volunteer who provided a display of photographs of the farm and region over the years and shared her memories in the dining room of the home. The presence of the Great Falls Historical Society, Kathleen Murphy and Carolyn Miller added to the event by providing answers to the questions of inquisitive visitors/area residents curious to know more about Great Falls and the property.



Lift Me Up! is very grateful to the Huckaby family, HBC Realty Group/Keller Williams Realty and specifically: Karen and Andy Briscoe, Lizzy Conroy, and Bill Detty for arranging this event.

Pictured: (Lizzy Conroy, Carolyn Miller, Karen Briscoe, Bill Detty).

Lift Me Up! is reaching out to the community for support of their "Good fences make good neighbors" campaign to raise funds to replace old fencing. Secure fencing is essential to the safety of the horses and prevents them from accidentally visiting neighbors. A section of fence can be sponsored for \$100, \$150 with a commemorative plaque, which is tax-deductible. Please visit our website, www.liftmeup.org for more information.

Future Lift Me Up! events include a “Good Neighbors” Horse Show at Turner Farm, May 10, 2014 and a dinner fundraising event sponsored by HBC Realty Group/Community Charity Champions (CCC), at Pucinella’s in McLean on June 10, 2014.

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About *Lift Me Up!*

Lift Me Up! has provided thousands of therapeutic horseback riding lessons to children and adults with disabilities at its Great Falls stable since 1975. Just recently *Lift Me Up!* launched a program for injured veterans called BITS (Back in the Saddle) and now offers hippotherapy with a licensed occupational or physical therapist. Each week over 100 riders develop new riding skills that enhance their core strength, balance, coordination and confidence. *Lift Me Up!* trains volunteers age 14 and older to assist with the therapeutic riding lessons as sidewalkers and leaders. This is a very special equestrian program that engages the best of humanity with extraordinary horses to provide a healing experience for those in our community who are most challenged. Each year hundreds of volunteers donate thousands of hours of service to support individuals with disabilities and their families. Maintaining a facility with 10 horses, specially trained instructors, is expensive. *Lift Me Up!* is a non-profit community-based organization that relies on financial and in-kind donations from individuals and corporations. It is a 501(c)3 corporation and participates in the United Way #8266 Combined Federal Campaign CPF # 70459. See www.liftmeup.org for more information or to make a tax-deductible donation.